**On Sunday 02 April 2017** Eritrean Community in North London organized seminar on

education, challenges / opportunities, families & youth residing in London.

The speakers provide insight into the challenges and opportunities in education, and share some real life case studies and discuss the most pressing issues which the community is facing today in the United Kingdom. The aim of the event was to create an effective platform for communication and information sharing for existing and potential members of the communities. The Eritrean Community in North London enjoyed the event throughout the day with a positive and forward moving atmosphere, once again showing their unity by coming together and acting as a big family.

Mr. Mussie Beraki, chair of the organizing committee presented the opening remarks by welcoming the participants and wishing the event a success. Its aim is to start mobilizing Eritrean Communities towards the establishment of strong, viable and vibrant associations and to establish practical and formal links with institutions in UK.

Following a short introduction the event was kicked off with a presentation by Ms. Senait Tecle and Ms.Saba Gebregiorgis, share facts on the ground in building human capacity, education services, challenges / opportunities and gave an insightful presentation on their experiences.

 Many youth are suffering from high levels of stress because of the high demands from school, wanting to make their parents proud, fit in among friends, be popular on social media, wanting to get external confirmation of that there are good enough, making time for extra activities, plan and worry for the future.  Most teens think that they are alone in this and are instead suffering in silence.

That is why we have decided to make a difference by sharing our experiences to inspire and help other families, members of the communities and youth & teenagers who are still struggling with the challenges. As a Motivational speaker, I speak about modern youth stress and how teenagers can manage school stress, family stress, social stress and personal stress. I also share with parents how they can help and support their stressed teen and how to prepare their children for future, explained Ms. Senait Tecle on her presentation.

Ms. Saba Gebregiorgis on her end, gave a presentation on some facts and figures around the mainstream education process, she eloquently explained the challenges faced and the means used to overcome them. She further underlined the key role in developing skills transfer, she said;- the previous generation have done their part and now we want to do our best to support the New Generation of the 21st century.

During the seminar detailed current updates was given clearly, various questions were asked and answered. According to the participants the outcome of the seminar was enlightening and was one that gave an insight into the overall challenges on families and youth issues. In addition to that most of the participants expressed extreme satisfaction in the presentation both on content and delivery. It was fully attended, engaged and a very successful seminar.

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